

Medical Expense Checklist

Medical expenses are the costs of diagnosis, cure, mitigation, treatment, or prevention of disease, and the costs for treatments affecting any part of the body. They include the costs of equipment, supplies, and diagnostic devices needed for these purposes. They also include dental expenses.

Medical expenses must be primarily to alleviate or prevent a physical or mental defect or illness. They do not include expenses that are merely beneficial to general health, such as vitamins or a vacation.



Medical expenses include the premiums you pay for insurance that covers the expenses of medical care, and the amounts that you pay for transportation to get medical care. (IRS Publication 502)

	Cost	Miles driven		Cost	Miles driven
Abortion (legal)	_____	_____	Fertility	_____	_____
Acupuncture	_____	_____	Hearing aids	_____	_____
Alcoholism	_____	_____	Hospital costs	_____	_____
Ambulance	_____	_____	Insurance	_____	_____
Artificial limbs	_____	_____	Medicare B	_____	_____
Bandages	_____	_____	Medicare D	_____	_____
Body scan	_____	_____	Long term care	_____	_____
Birth control pills	_____	_____	Medical/dental	_____	_____
Capital expenses	_____	_____	Lab fees	_____	_____
Chiropractor	_____	_____	Lodging	_____	_____
Christian Science	_____	_____	Nursing care	_____	_____
Contact lenses	_____	_____	Medical services	_____	_____
Crutches	_____	_____	Osteopath	_____	_____
Dental treatment	_____	_____	Physical exam	_____	_____
Diagnostic devices	_____	_____	Pregnancy test	_____	_____
Disabled care	_____	_____	Psychiatric care	_____	_____
Doctors	_____	_____	Surgery	_____	_____
_____	_____	_____	Transportation	_____	_____
Drugs	_____	_____	Wheelchair	_____	_____
Eyeglasses	_____	_____	X-ray	_____	_____

Reimbursements for above expenses _____ Total _____

Do not include babysitting, illegal controlled substances, cosmetic surgery, dance lessons, diaper service, electrolysis, expenses reimbursed from your flexible spending account, funeral expenses, health club dues, illegal operations, maternity clothes, drugs from other countries, non-prescription drugs, nutritional supplements, personal use items, swimming lessons, teeth whitening, or weight loss program to improve appearance.